

WHAT IS TEC? Teens Encounter Christ (TEC) is a recognized movement of the Roman Catholic Church, offering to youth and young adults an experience of the Paschal Mystery of Jesus, who by his death and resurrection gave the hope of everlasting life. TEC is a Catholic sponsored program that provides an experience in Christian Living. TEC calls forth one's goodness for service in the Church and world. TEC is specifically designed for teens who are high school sophomores through age 20.

What Happens At TEC? Heartland TEC takes place from 10:00 AM on Saturday until 5:30 PM on Monday evening. Teens experience a fresh, faith-filled atmosphere away from home, school, and work. Young people meet, reflect, and share how they see themselves, their ideals, and their hopes/dreams while finding God's presence in their life.

Who Leads the Weekend? Heartland TEC weekends are conducted by a team of adults and students that may include people from all vocations, who have experienced at least one TEC weekend themselves as a candidate or adult observer. The team meets several times before the weekend begins, to plan the activities and build a sense of community among team members. They have experienced a TEC weekend as a candidate or an adult observer and are eager to share this wonderful experience with anyone able to attend.

Testimonials: *"My first TEC retreat was filled with the Holy Spirit. I met many on-fire Catholics who became a vital part of my faith journey. By the grace of God, the Catholic faith of my ancestors became my faith, and I embraced the Eucharist."* **Sara Carlson**

"TEC is a refresh for me. It gives me a chance to refocus on why I am here and where I can go. TEC gives me a chance to stop and take some quiet time to find myself in the noise of the world. I have formed so many relationships with my friends from TEC, and had some fun in the process." **Greg Miller**

What is the Cost for the Weekend? *The total cost of the weekend is \$55. Fee covers use of facilities at the University of Central Missouri, 2 nights lodging, 7 meals, and materials.*

For more information and/or application:

Go to: www.heartlandtec.com

OR

Contact Terri Teschner, (816) 271-3434